RAISE THE TORCH

ISPTSA General Membership Meeting

6:30 pm Apr 17, 2019

Agenda

- Introduction: Boot Camp by Sally Fouche / Jill Follett
- Approval of October 2018 General Meeting Minutes
- President’s Message by Ching Guo
- Principal Talk by Tara Gray
- Counsellor's Talk – SBIRT by Arty Christianto
- Student's Voice – Makerspace by Maxton Zhan

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Boot Camp

Sally Fouche

Jill Follett

Approval of Minutes

Zena Heywood

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President's Message

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- Current Board and the community
- Nominating and participation
- Spring Social and supporting IS

ISPTSA Board

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President: *Ching Guo*

Secretary: *Zena Heywood*

Treasurer 1: *Beverly Ni*

Treasurer 2: *Nancy Chung*

VP of Community: *Liying Tan & Qiong Chen*

VP of Communications*: Li Wu*

VP of Fundraising: *Dori Kelleran*

VP of Outreach: *Meribeth Nordloef-Pedersen*

President-Elect: *(Open)*

Monday Messenger: *Julie Molinari*

Membership: *Sharon Chen*

Grants: *Azfar Moazzam*

Website: *Sylvia Abrahamsson*

IS Staff Liaison: *Taylor Tillotson*

ISPTSA Nominations

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Nominations for 2019-2020 Board. Please consider serving. This is really a once-a-month commitment of 3-4 hours.

- President
- President-Elect
- Secretary
- Treasurer 1 Treasurer 2
- VP of Communications
- VP of Community
- VP of Outreach
- VP of Fundraising

Nominations Committee:

Ching Guo

Zena Heywood

Azfar Moazzam

Email: president@isptsa.org

ISPTSA Community

Membership: (Sharon Chen, Chair) 417 Members

Senior Student Scholarship(s): Working on application and criteria for May 1st. Launch. One $1000 or two $500 scholarships. Application will be online at ISPTSA website.

Campus Improvement Day May 4th, Saturday, 9-Noon. Help beautify our campus. Everyone welcome. Any questions contact vpoutreach@isptsa.org

Spring in Action

ISPTSA Fund Raising

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Fall & Spring Fundraising Campaign Results:

- Fall Fundraiser Revenue
  $32,000
- Spring Social Revenue
  $48.900
- TOTAL GROSS REVENUE
  $80,900

YOU FOR SUPPORTING OUR FUNDRAISING EFFORTS!

ISPTSA Funding

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PTSA Budget approved by membership includes Total Gross Revenue of $120,000 from various sources, including our two major fundraisers above. We are on track, but currently trending short of goals by about $10k.

What can you do to help?

•REQUEST CORPORATE MATCHING – Doubles or Triples Your Impact
•MAKE YOUR TAX-DEDUCTIBLE DONATION – Be Counted! We accept donations ALL YEAR!

Your participation matters!

Principal Talk

Tara Gray

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Counsellor's Talk - SBIRT

Arty Christianto

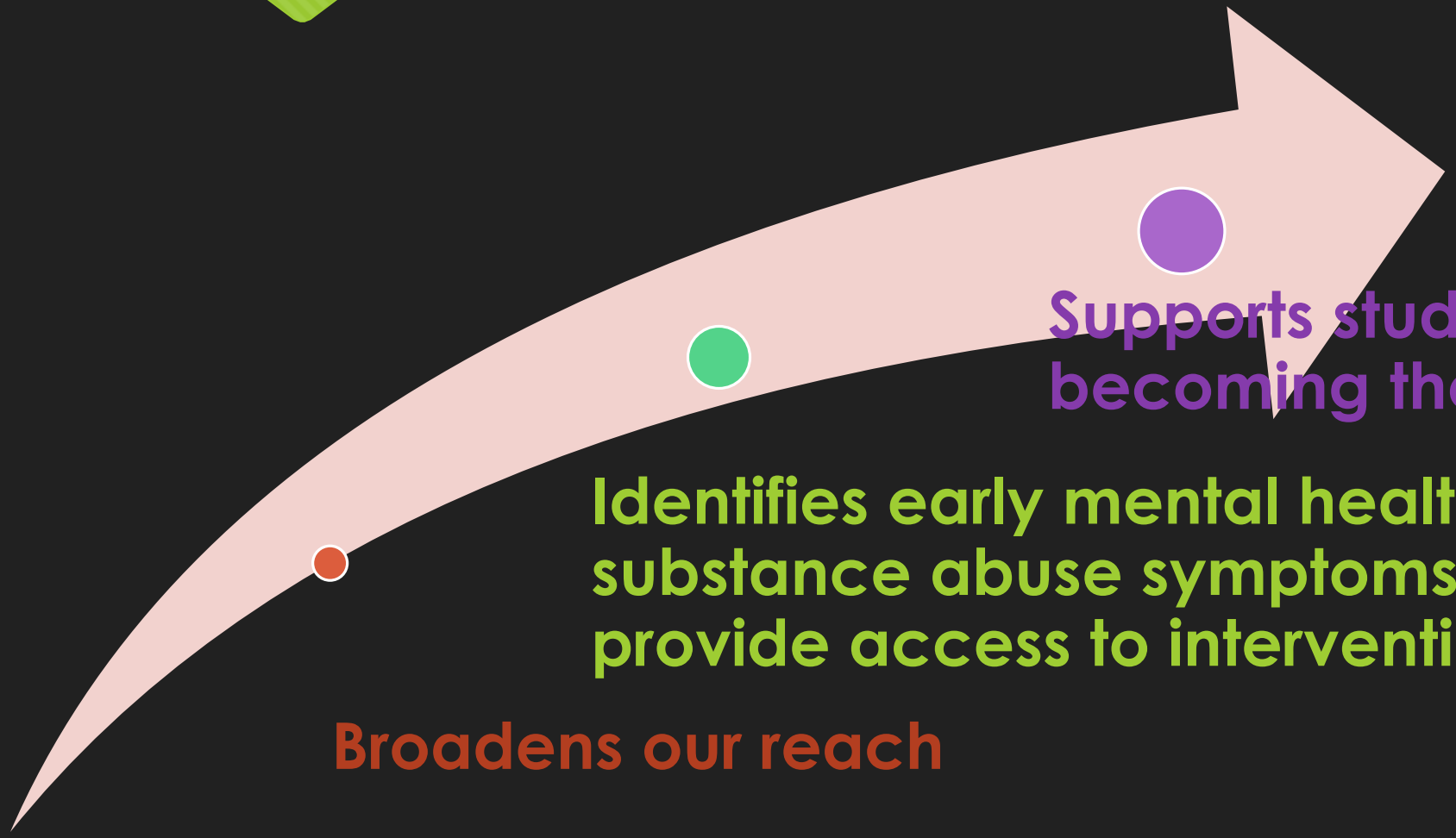
SBIRT at International School

Screening, Brief Intervention, Referral to Treatment

Date: Tuesday April 16, 2019

To serve each and every student academically, socially, and emotionally

SBIRT: Importance and Relevance

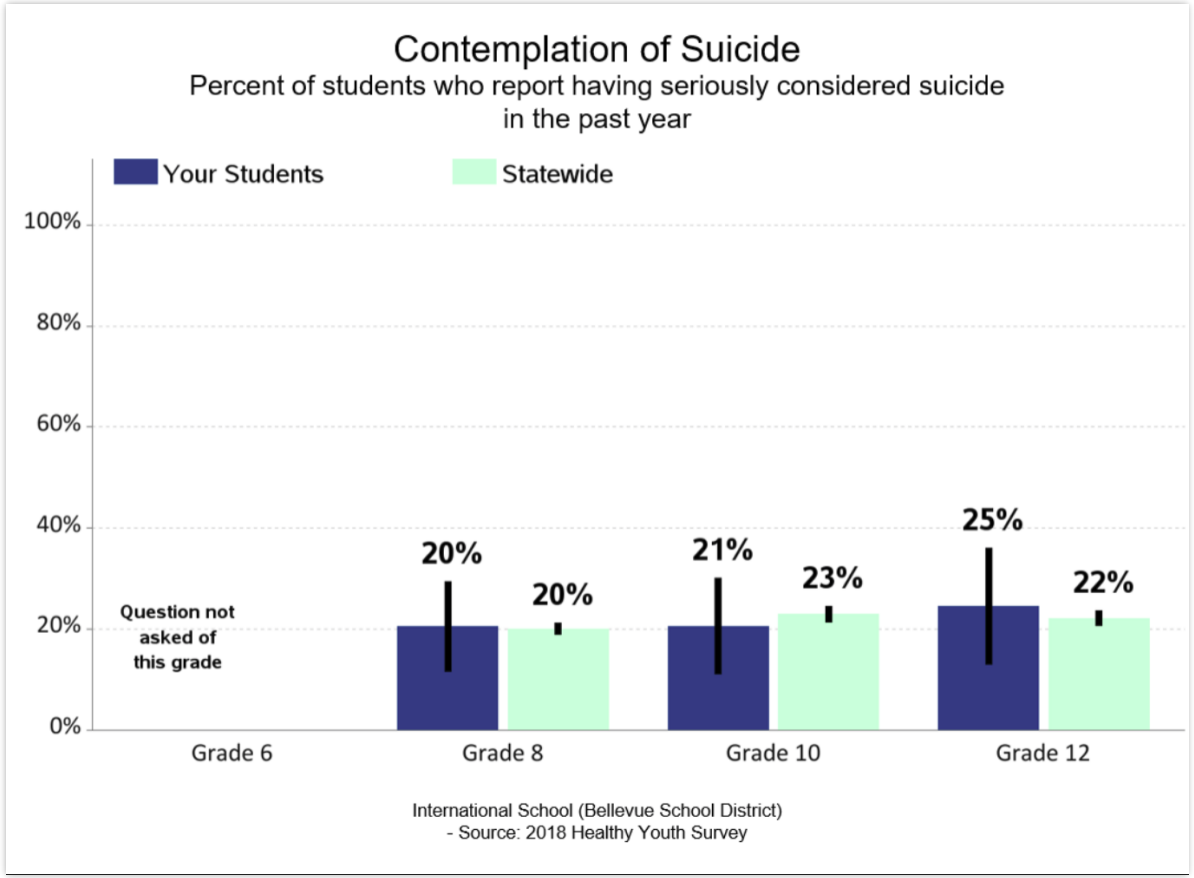


Supports students in becoming their BEST SELF

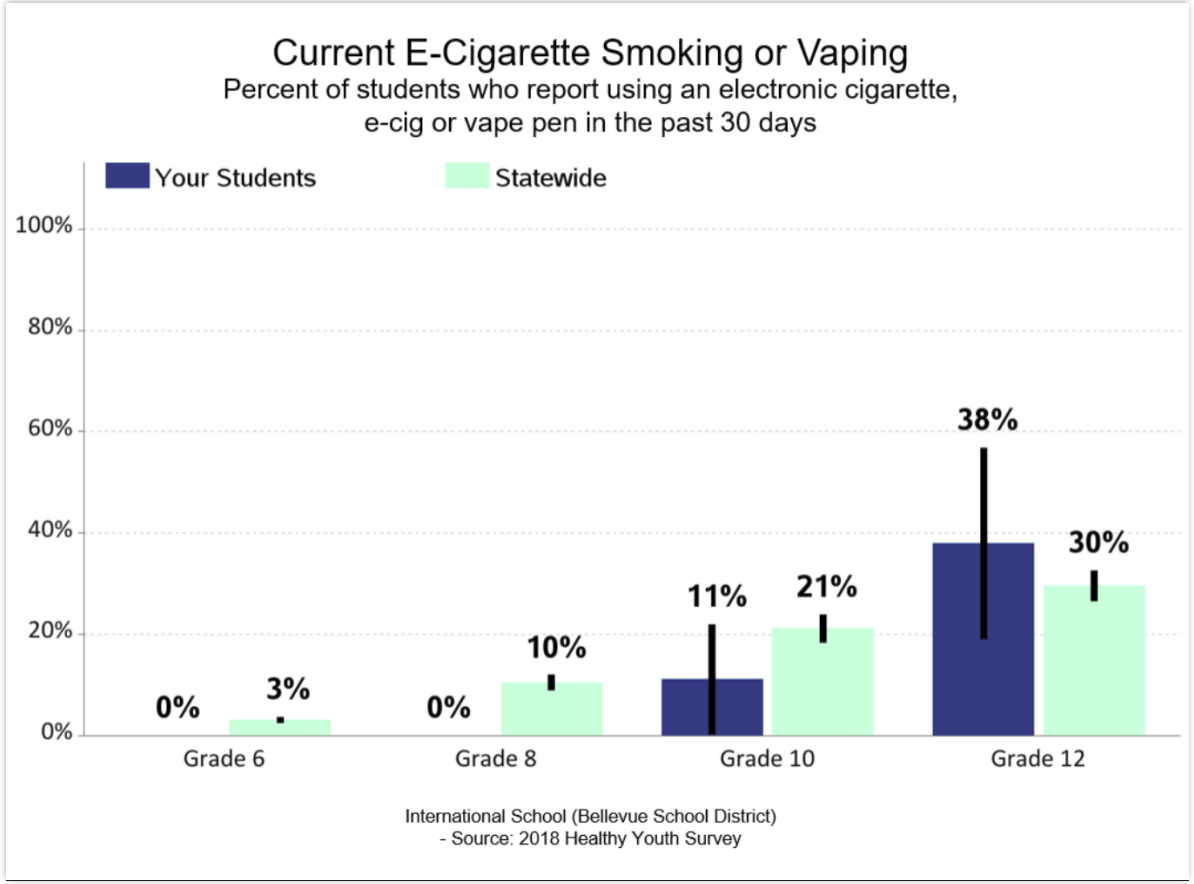
Identifies early mental health and substance abuse symptoms and provide access to intervention

Broadens our reach

Contemplation of Suicide



Vaping at IS


Current E-Cigarette Smoking or Vaping
Percent of students who report using an electronic cigarette, e-cig or vape pen in the past 30 days
Your Students
Statewide
100%
80%
60%
40%
20%
0%
0%
3%
0%
10%
11%
21%
38%
30%
Grade 6
Grade 8
Grade 10
Grade 12
International School (Bellevue School District)
- Source: 2018 Healthy Youth Survey

SBIRT: Team Leaders

Deborah Kraft/Jared Taylor

- Bellevue School District SBIRT Leaders

Robin Moore

- Assistant Principal, International School

Arty Christianto

- Middle School Counselor, International School

Brianna Chamberlain

- Mental Health Counselor, Youth Eastside Services

Bellevue School District

YES Youth Eastside Services

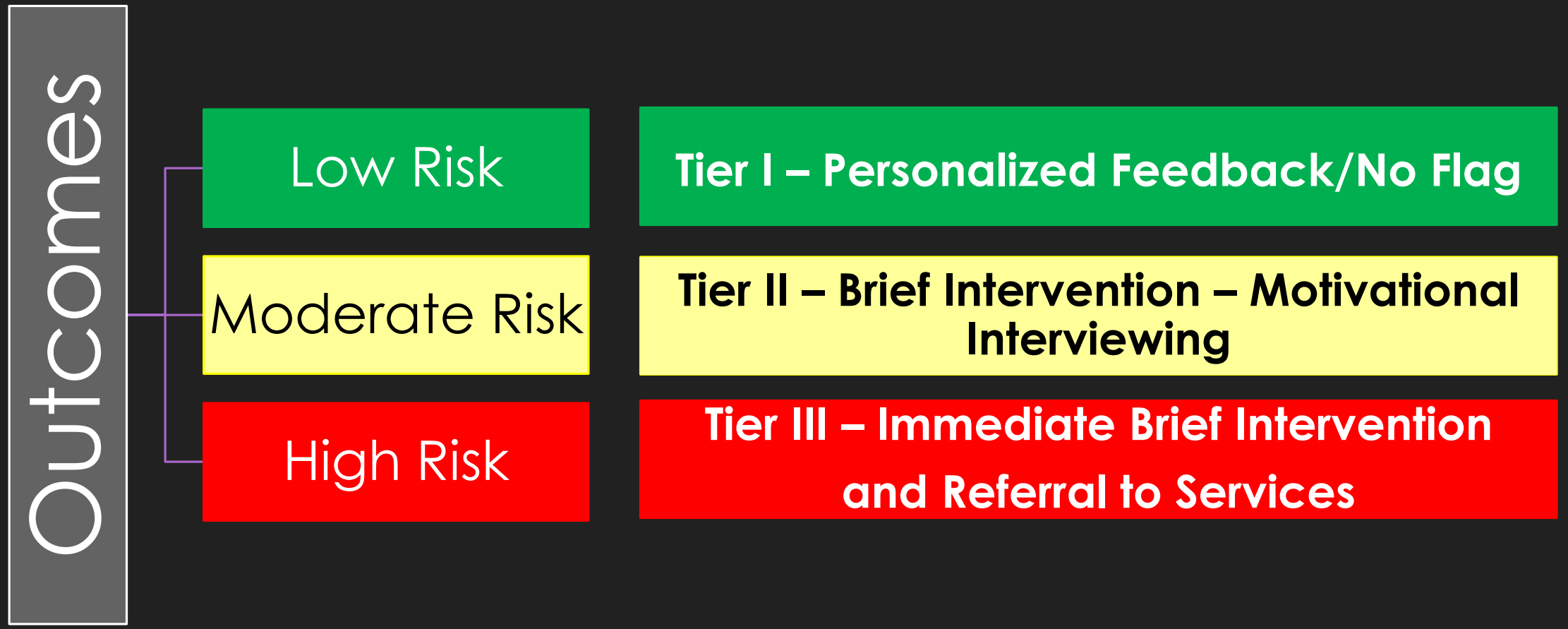
SBIRT: What is SBIRT?

Screening	Brief Intervention	Referral to Treatment
• Check Yourself Tool – a short series of questions to assess possible needs	• A series of short meetings with students designed to elevate their awareness of problematic substance abuse or mental health needs	• Collaboration with students and parents to connect students to appropriate services based on each student report

SBIRT: Screening Topics

PTSD Symptoms Screening
Depression Screening
Anxiety Screening

SBIRT: Possible Outcomes



Levels	Tier 1 Personalized Feedback/No Flag	Tier 2 Brief Intervention	Tier 3 Immediate BI + referral
Screening Criteria	• Reports low sleep only • Reports e-cig/cig use only • Reports intention to use e-cig/cig in the next year **All students regardless of behaviors endorsed see feedback on:** • Tips for improved sleep • Info that most teens don't drink or use marijuana and the risks of alcohol and marijuana use • Info about the harms of vaping on your health • Tips to prevent depression, why checking your mood is important	• Reported using substances (other than e-cigs/cigs) in the past school year • Reported somatic symptoms (frequent pains and aches) • Depression symptoms (PHQ-2 +) • Anxiety symptoms (GAD-2 +) • Wants to speak with a counselor confidentially in the next few weeks. • Reports intention to use marijuana or alcohol in the next year (maybe or likely to use) • Feels harassed/threatened in some way in the past year • Reports experiencing any symptoms from trauma more than 1 month ago	• Endorses self-harm or suicidal thoughts • Reports experiencing any symptoms from trauma over the past month • Feels harassed/threatened in some way in the past year and that their safety is currently at risk • Wants to speak with a counselor confidentially asap

SBIRT: Other Responses – SEL Lessons

Based on responses from SBIRT, we will add SEL lessons accordingly

Vaping Presentation in MS PE Classes!

BSD SEL Lessons

September:

What is HIB? Defining, process, and reporting

October:

Social Awareness – How does our actions in person and online affect others?

January:

Communication – Intent vs Impact

April:

Self-Management – Identifying Your Own Emotions and Caring for Self

Screener – Week of April 29th

Monday April 29th

- 7th Grade Science Class Period 3
- Follow Up in Periods 5 and 7

Tuesday April 30th

- 7th Grade Science Class Period 6
- Follow Up/Triage after school and Wednesday 4/17

Thursday May 2nd

- 7th Grade Science Class Period 5
- Follow Up/Triage in Period 7

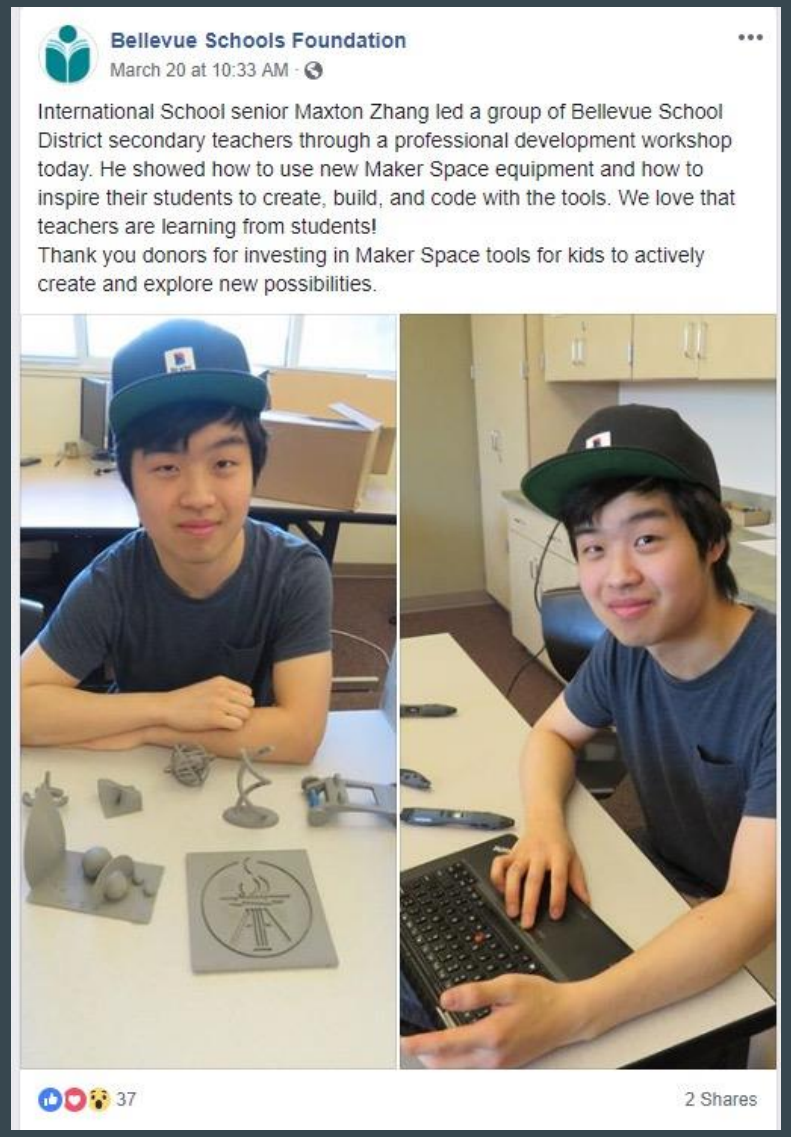
Wrap Up on Friday May 3rd

Questions and Answers

Student's Voice - Makerspace

Maxton Zahn

Thank You!


Bellevue Schools Foundation
March 20 at 10:33 AM
International School senior Maxton Zhang led a group of Bellevue School District secondary teachers through a professional development workshop today. He showed how to use new Maker Space equipment and how to inspire their students to create, build, and code with the tools. We love that teachers are learning from students!
Thank you donors for investing in Maker Space tools for kids to actively create and explore new possibilities.
37
2 Shares

What's a Makerspace?

"A makerspace is a collaborative work space inside a school, library or separate public/private facility for making, learning, exploring and sharing that uses high tech to no tech tools."

International's Makerspace

Where the Money Went

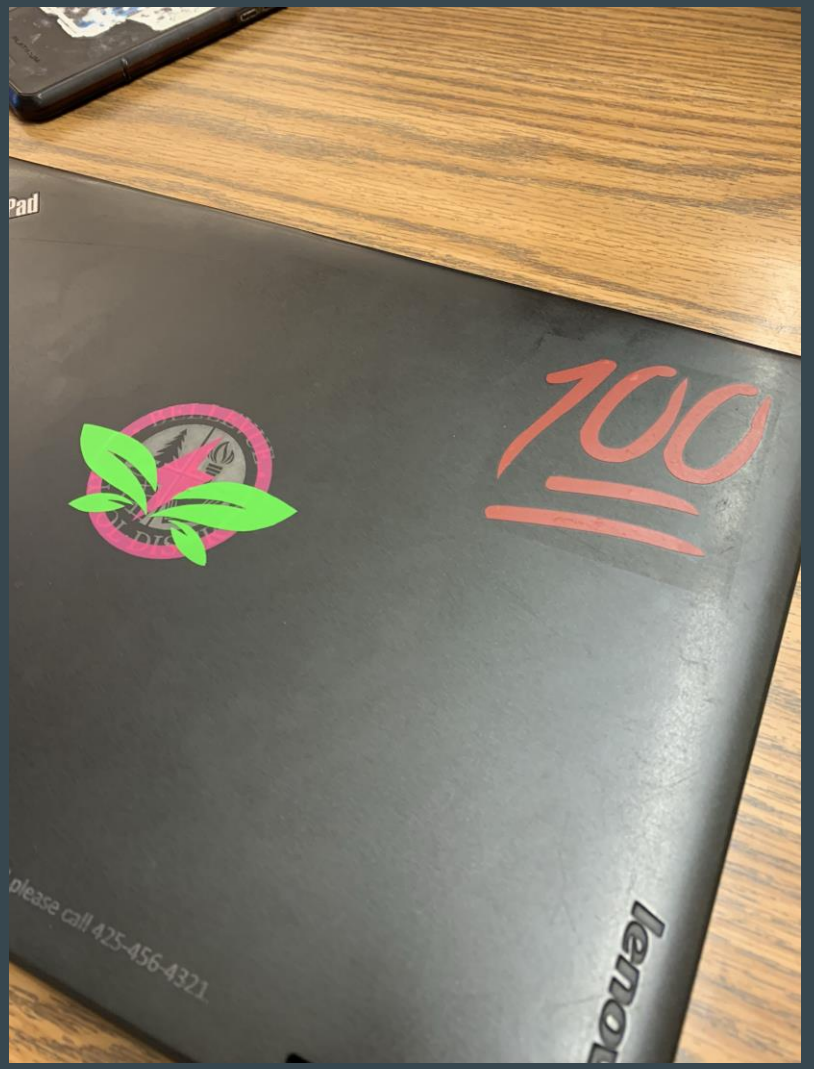
Cricut : $450

Gimbal : $130

Arduino : $40

3D Pen : $ 50

Cricut

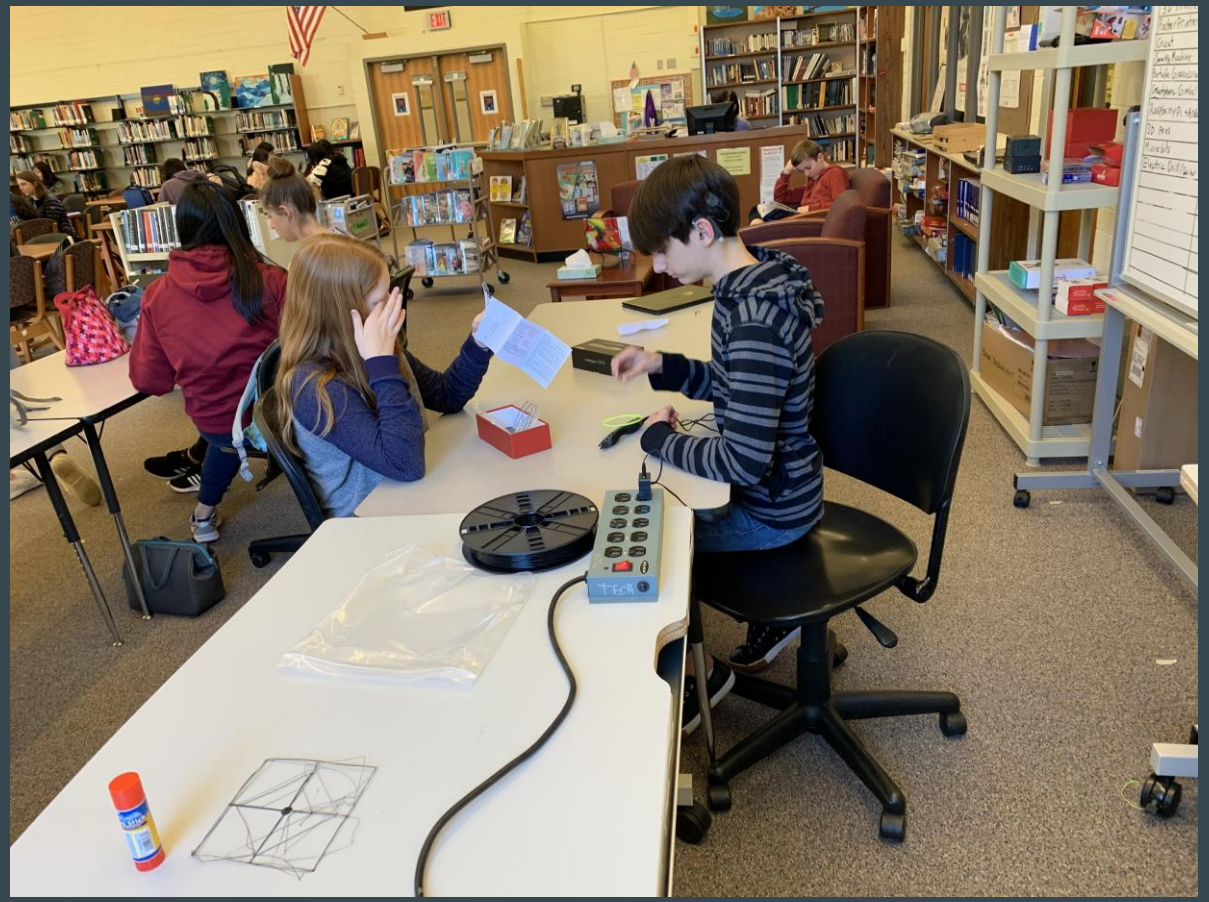


Smartphone Gimbal

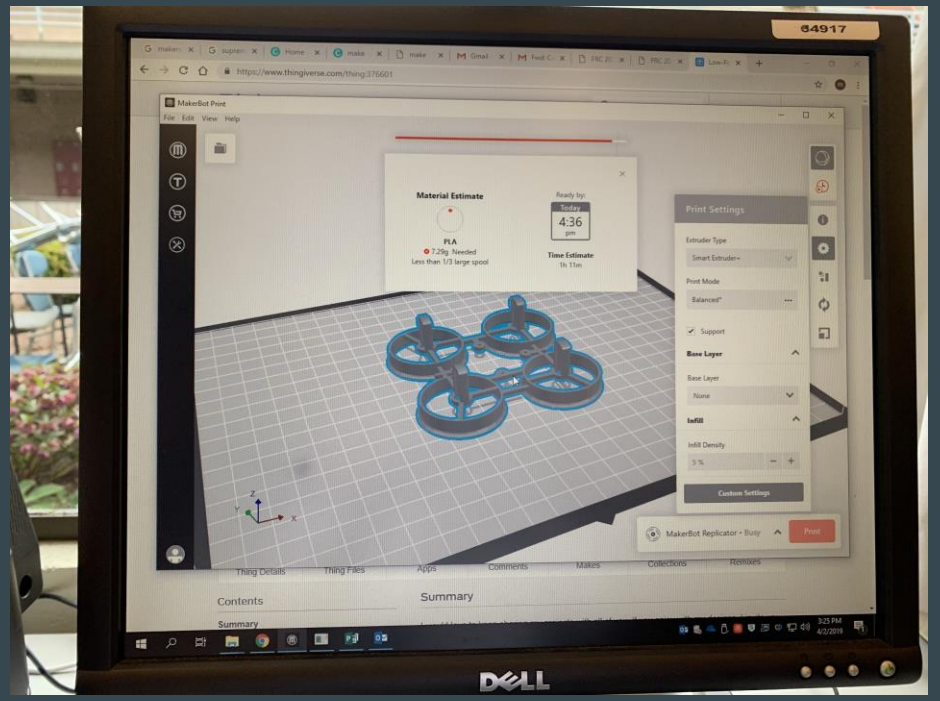
Ian Wang’s French video, filmed using the Smartphone Gimbal

Arduino

3D Pens

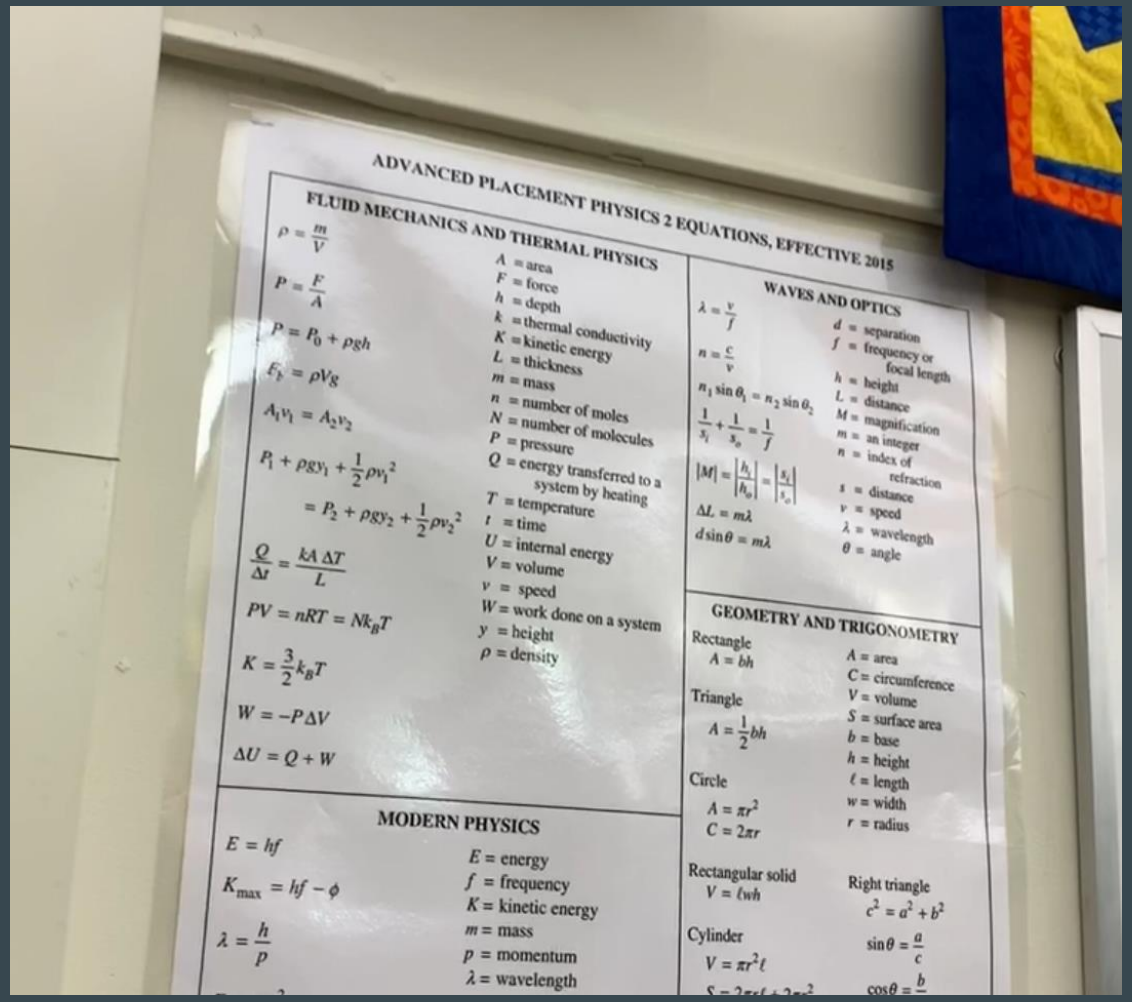


3D Printer


64917
MakerBot Print
Material Estimate
PLA
Print Settings
Summary
Contents
DELL

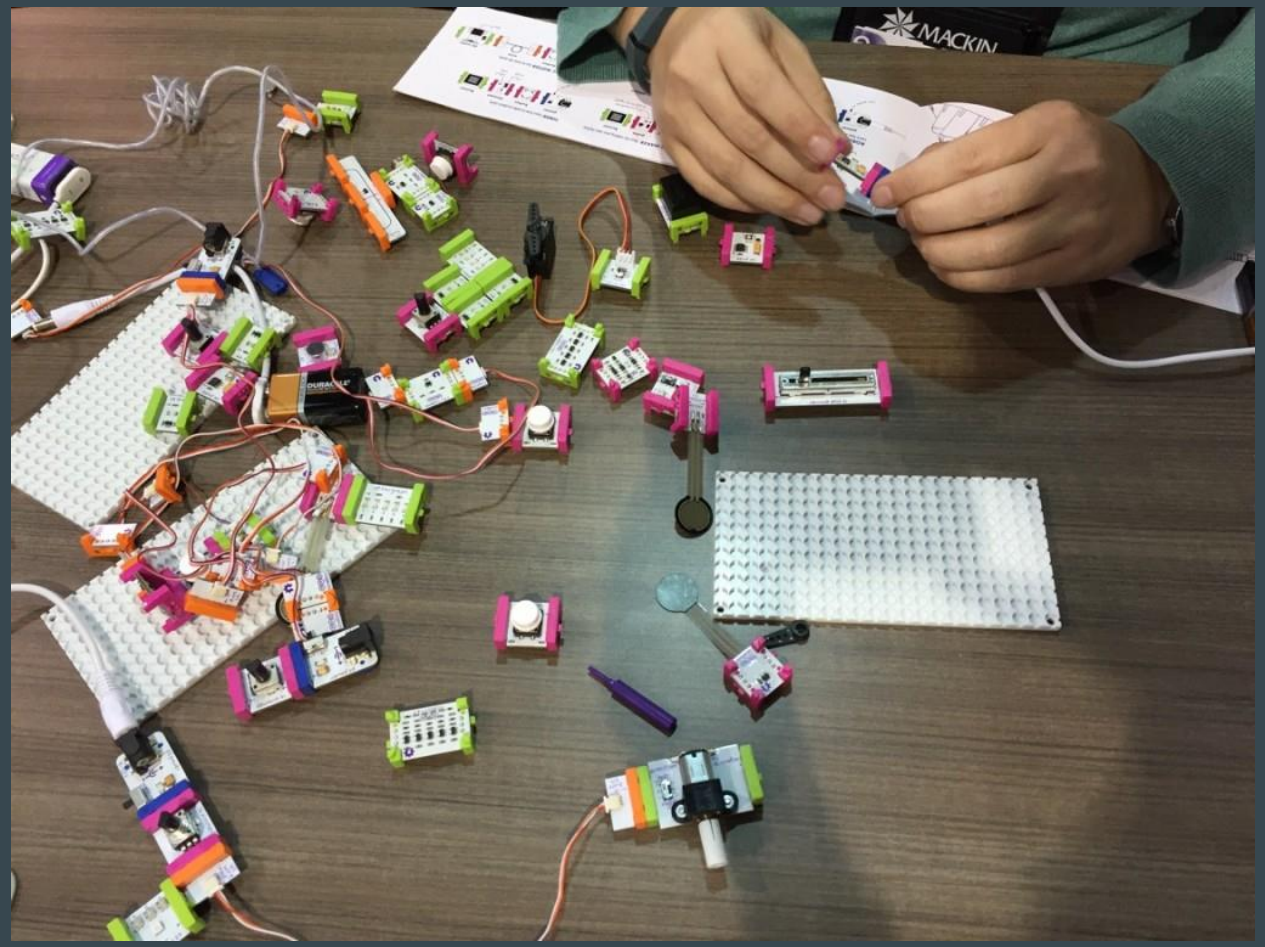
Poster Printer

- Chloe Frei’s Senior Project
- Regen Lorden’s class
- Office staff
- French classes



Why are Makerspaces Important?

- Develops innovation and creativity
  - Lack of elective classes at International
- Building practical skills
- Interdisciplinary learning
- Recreational activities



The Future of Makerspaces at International and BSD

- Makerspace movement in its infancy at BSD
- BSD far behind other school districts
- Schools across district implementing Makerspaces
- Makerspaces will become an integral part of school environment in coming years
- The district hasn't fully recognized Makerspaces yet

Tyee's Makerspace

Long Terms Goals

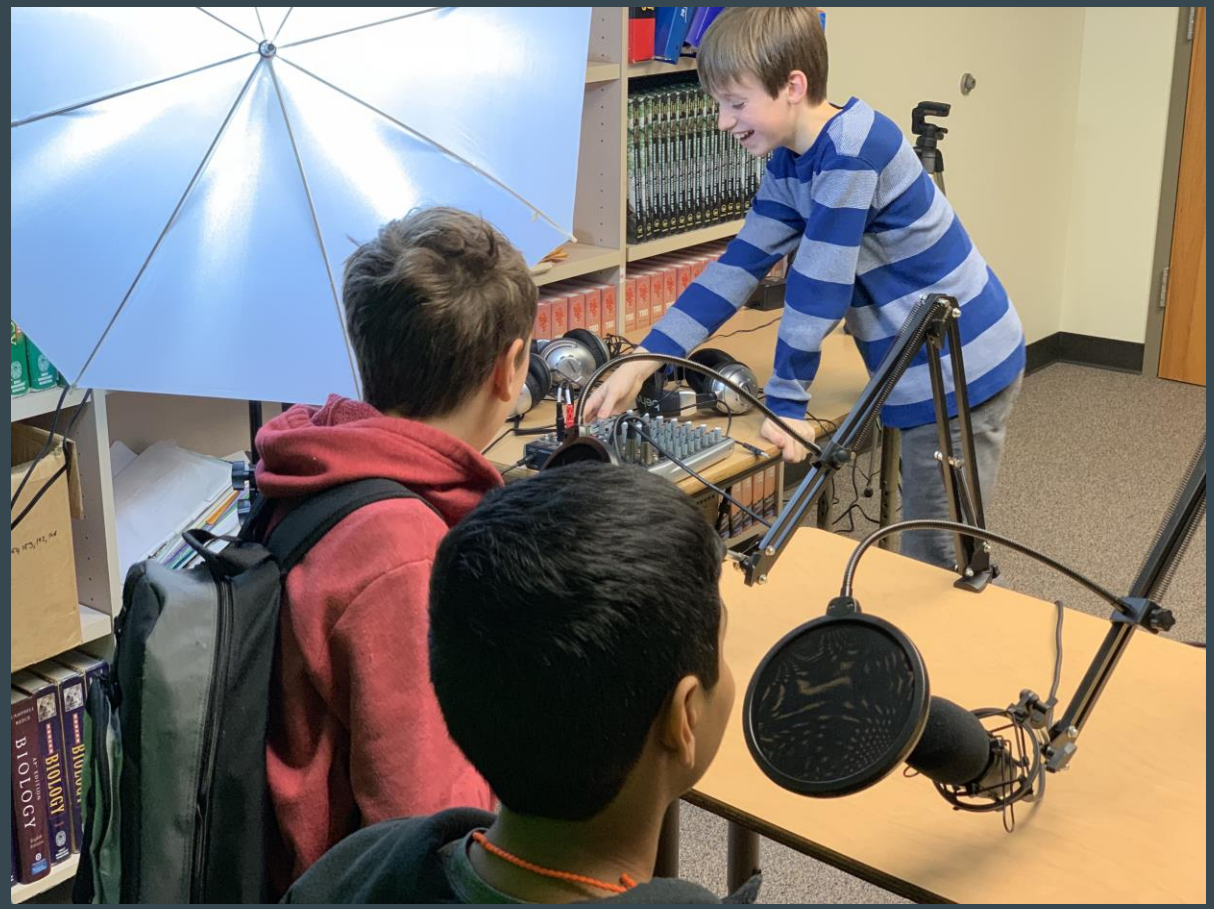
- Deeply integrate Makerspace into International
- Develop Makerspace lessons and teaching for the classroom
- Make makerspace tools and activities easily avaliable to students and staff
- Promote makerspace as recreational space for students

The Evergreen School’s Makerspace, one of the best in the state

What's Next?

2019 - 2020 and Beyond

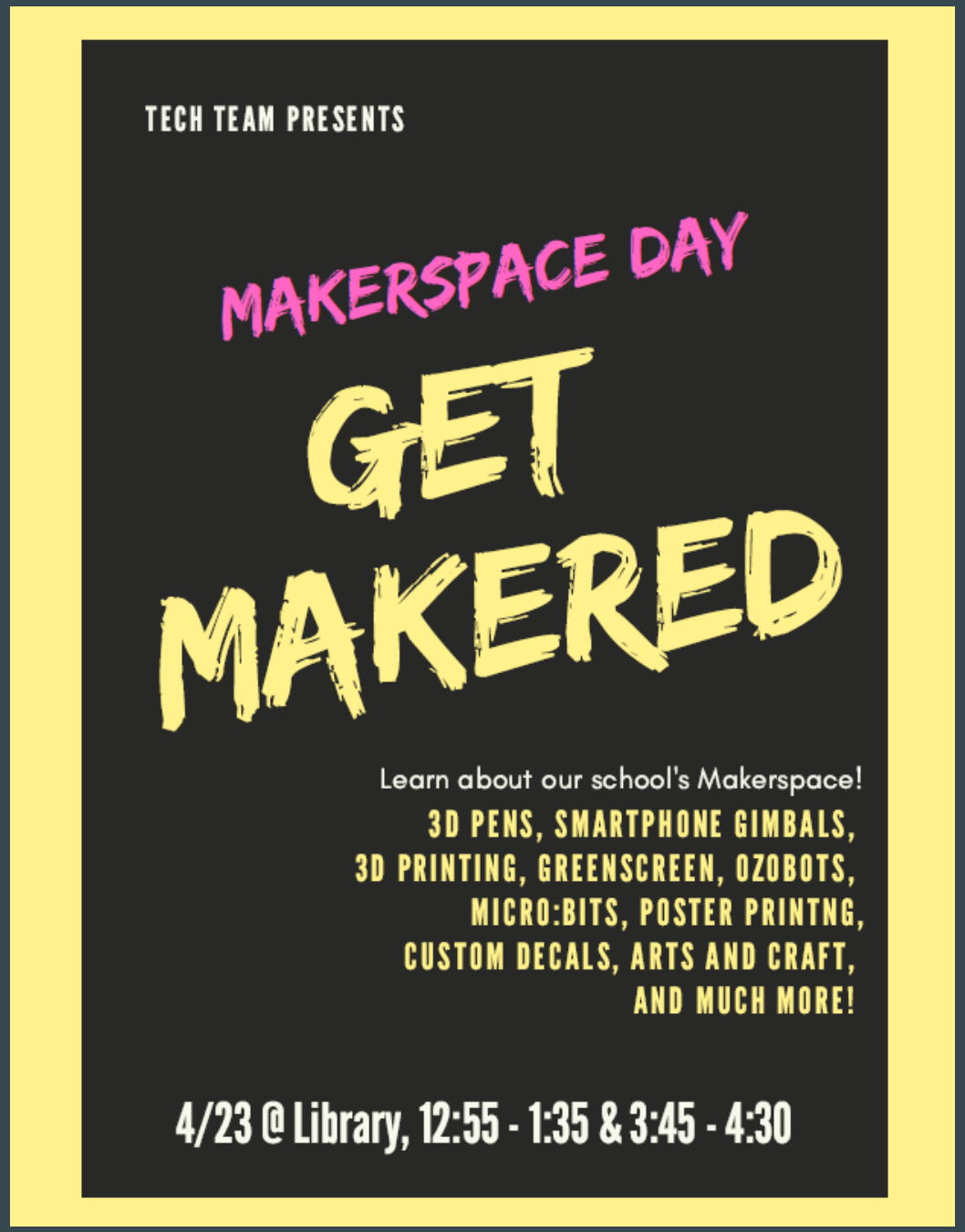
- Tech team will take over management of Makerspace
- Tara Jones (RTS) returns from maternity leave
- Makerspace website expanded
- Makerspace events
    - Halloween Costume workshop
    - 3D Printing workshops



Tech Team

How You Can Help

- Donations!
  - Vinyl
  - Fabric
  - Old tools
  - Random tech
  - Craft supplies
  - Etc.



Makerspace Day

Showcase of International's Makerspace and everything it has to offer.

Contact

s-zhangmax@bsd405.org

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Q&A

THANKS